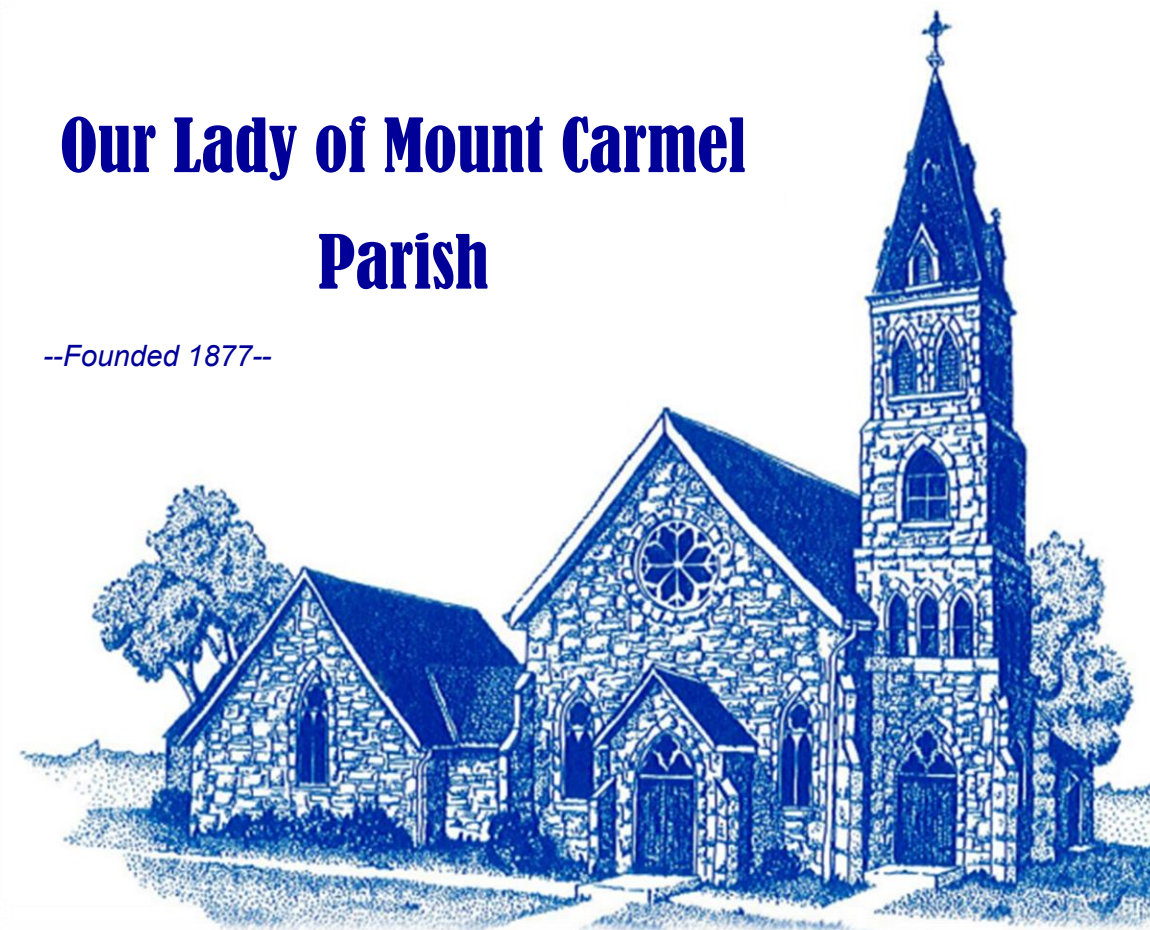


Our Lady of Mount Carmel Parish

--Founded 1877--



79 Freelon Road, Freelon, Ontario, L8B 0Z3

Phone: 905 659 3305

Website: www.olmcf.com

Pastor: Fr. Arpee Urquico

Secretary: Angela Clayton

Email: pastoroffice@olmcf.com or office@olmcf.com

Sunday Mass:

(Saturday) 5 p.m.
Sunday 9 a.m. & 11 a.m.

Confession Times: Please email Fr. Arpee or call the office to arrange an appointment.

Weekday Mass:

Tuesday: 6:30 p.m.
Wednesday & Thursday: 9 a.m.
Friday:

Hospital Visits:
Please email or call the office.

Adoration & Benediction: 5:30 p.m.
Mass: 6:30 p.m.

For emergencies: (text preferably)
289 609 4677

Parish Registration:

Welcome to Our Lady of Mount Carmel: Please fill this out to register and place in the collection basket:

Name: _____ Phone: _____

Email: _____

Address: _____

Would you like envelopes? Yes NO



OUR LADY OF MOUNT CARMEL CWL PRESENTS

Afternoon Tea

\$40 per person includes tea, lunch & entertainment. Fascinators are encouraged. Ticket sales to follow all Masses in April.

**SUNDAY, MAY 4, 2025, 12:15PM
THE MARIAN HALL**

Tickets for sale beginning this weekend!

Sign-up sheets for all ministries for Holy Week and Easter can be found in the annex. If you haven't had a chance to sign up yet, please take a moment to do so. We are incredibly grateful to everyone who has already signed up and volunteered their time

YOUNG ADULTS NIGHT Fr. Mark Morley invites all young adults (ages 20s and 30s) to celebrate the Easter Season by attending an evening of Adoration, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30pm-7:30 pm), social with food (7:30pm-8:00pm), praise night with vocations testimony (8:00pm-9:00pm), and Compline (9:00pm) on **Saturday, May 3rd at the Saint Benedict Church** (300 Yates Drive, Milton). Sponsored by the Vocations Office of the Diocese of Hamilton. For more information, please contact: vocations@hamiltondiocese.com

PARENTING TIP OF THE MONTH Tip #168 What we choose to allow into our children's lives will have lifetime implications for how those things will function in their lives as adults. What media (of all types) do we allow them to engage with? What after school and weekend activities do we allow them to take part in and how much do we support their efforts? Is getting into the outdoors important to your family? Do we engage as a family in the faith by attending Mass, praying at meals and before bed, saying the Rosary and other prayers? What we bring into the lives of our children will be impacted as much by our engagement as theirs. Think about what you believe will matter to their physical, mental and spiritual health in the future and then bring those into your child's life. What we choose for them can help them choose well when they are making their own decisions. (Family Ministry Office; 905-528-7988 ext. 2250)

MARRIAGE TIP OF THE MONTH Tip #148 Life is busy, sometimes so busy that we forget to make time every day to connect with our spouse. Demands on our time can make it seem impossible, but it is necessary to help love thrive. We must make a choice to put our couple relationship into our agendas. Spend time at the beginning or end of each day to touch base on what is going on in our lives, pray together each day, book date nights (at home and/or out of the home), enjoy a coffee together, take a walk, just the two of you. Relationships of any kind need both quality and quantity time; make sure you have both to keep your marriage strong. (Family Ministry Office; 905-528-7988 ext. 2250)

THE REEL JUSTICE FILM FESTIVAL explores the risks of global food insecurity with the powerful documentary *The Grab* on **April 24, 2025, 7:00 – 9:00 PM**. Quietly, governments, private investors and mercenaries are working to seize food and water resources at the expense of entire populations. The future world powers will be those who control not oil, but food. Global food prices have hit an all-time high and by 2030, the demand for freshwater is projected to outpace supply by 40 percent. It has become the greatest threat facing the planet, surpassing nuclear war, terrorism and climate change, according to security experts. *The Grab* unfolds a remarkable story of greed and fear at the dawn of the 21st century. Register and view our full schedule at: <https://hamiltondiocese.com/reel-justice-film-festival/>

THE DIOCESAN WEDDING ANNIVERSARY MASS – REGISTER NOW! Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2025? You are cordially invited to join Bishop Crosby and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, June 1, 2025** at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. Register at Upcoming Events at hamiltondiocese.com.

WHEN LIFE CHANGES Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you looking for relief from the feelings associated with the loss of this loved one? You are not alone! The Hamilton Diocese is offering our six-week grief program, facilitated by Deacon Leonard Gallant, from **April 23rd to May 28th, 2025**. The program runs from 7:00-8:30 pm at the Chancery Office at 700 King St. West in Hamilton Register at hamiltondiocese.com and look for the start date under upcoming events on the home page.

Mass Intentions April 7—April 13		Diocesan Prayer Calendar
Monday	NO Mass	Rev. Deaha (John) Kim
Tuesday: 6:30 pm	For the intentions of the VanSchyndel Family—VanSchyndel Family	Rev. Marian Gil,
Wednesday: 9:00 am		Sisters of St. Joseph in Canada
Thursday: 9:00 am	Special Intentions	Rev. Jan Wadolowski,
Friday: 5:30 pm Adoration 6:30 pm	Stations of the Cross-following Mass	Rev. Lajos Angyal
Saturday: 5:00 pm	Deceased members of the Catarino & Madaleno families—Catarino Family	Rev. Joseph Durkacz
Sunday: 9:00 am 11:00 am	Our Parishioners	Palm Sunday of The Passion of the Lord

Fourth Sunday of Lent - March 30, 2025
Like the forgiving father of Luke's Gospel, God welcomes us home in spite of our sinfulness, and calls us to a life of holiness. Where are you at home? Are you being called to a life as an ordained or a consecrated person? If God is calling you, to be a priest, religious or deacon, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988.