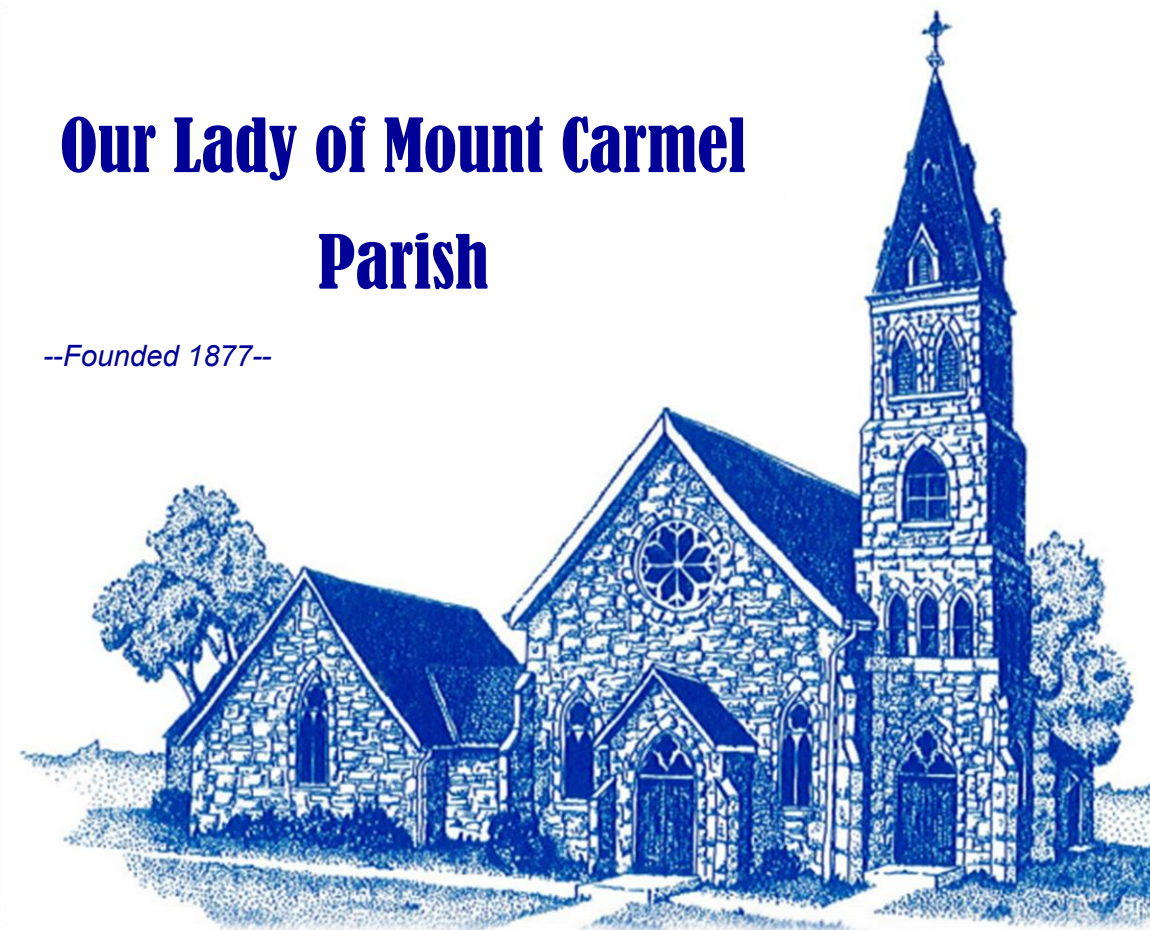


Our Lady of Mount Carmel Parish

--Founded 1877--



79 Freelon Road, Freelon, Ontario, L8B 0Z3

Phone: 905 659 3305

Website: www.olmcf.com

Pastor: Fr. Arpee Urquico

Secretary: Angela Clayton

Email: pastoroffice@olmcf.com or office@olmcf.com

Sunday Mass:

(Saturday) 5 p.m.
Sunday 9 a.m. & 11 a.m.

Confession Times: Please email Fr. Arpee or call the office to arrange an appointment.

Weekday Mass:

Tuesday: 6:30 p.m.
Wednesday & Thursday: 9 a.m.
Friday:

Hospital Visits:
Please email or call the office.

Adoration & Benediction: 5:30 p.m.
Mass: 6:30 p.m.

For emergencies: (text preferably)
289 609 4677

Parish Registration:

Welcome to Our Lady of Mount Carmel: Please fill this out to register and place in the collection basket:

Name: _____ Phone: _____

Email: _____

Address: _____

Would you like envelopes? Yes NO



We would like to extend our heartfelt congratulations to the students who received the sacrament of Confirmation this past Thursday with Bishop Crosby. This is a significant milestone in your spiritual journey, and we are proud to celebrate this achievement with you. May the Holy Spirit continue to guide and strengthen you in your faith, and may you always carry the light of Christ with you in all that you do.

This special occasion marks the beginning of a new chapter in your relationship with God and your faith community. We are excited to see the wonderful ways you will continue to grow and serve others in the name of Christ. Once again, congratulations on receiving this important sacrament!



External debt and ecological debt: Who owes whom?

Peru is facing an ecological debt crisis as extractive industries, often foreign-owned, plunder its natural resources, harming the environment and human rights.

These industries contribute to the unjust enrichment of the Global North at the expense of the Global South. Thus, as countries in the Global South incur financial debts that further impoverish them, they are owed a mounting ecological debt by the Global North that is never settled.

Our partners, the Episcopal Commission for Social Action (CEAS) and the Institute Bartolomé de Las Casas (IBC) work closely with affected communities, advocating for justice and sustainable alternatives.

This Lent, discover the work of CEAS and IBC by reading our [Mini-magazine](#) and watching our testimonial video at devp.org/lent.

LENTEN SEASON SCHEDULE
EVERY FRIDAY
 5:30 PM ADORATION AND CONFESSIONS
 6:20 PM, BENEDICTION FOLLOWED BY MASS
 STATIONS OF THE CROSS

ADOREMUS
 SATURDAY, APRIL 5TH, 3:30 PM
 TIME FOR ADORATION, SACRED SCRIPTURE, SACRED HYMNS, &
 CONFESSIONS. BENEDICTION AT 4:45 PM.
 DIFFERENT PRIESTS ARE INVITED TO HEAR CONFESSIONS.

MASS OF THE LORD'S SUPPER
 HOLY THURSDAY, APRIL 17TH, 7:00 PM

THE LITURGY OF THE PASSION OF OUR LORD
 GOOD FRIDAY, APRIL 18, 3:00 PM
 STATIONS OF THE CROSS, 6:30 PM

BLESSINGS OF THE EASTER BASKET
 HOLY SATURDAY, APRIL 18TH, 9:00 AM

EASTER VIGIL
 HOLY SATURDAY, 8:00 PM

EASTER SUNDAY MASSES
 9:00 & 11:00 AM

GOD HAS PROMISED FORGIVENESS TO YOUR REPENTANCE, BUT HE HAS NOT PROMISED TOMORROW TO YOUR PROCRASTINATION.
 — St. Augustine

office@olmcf.com 79 Freilton Rd, Freilton olmcf.com 9056593305

Sign-up sheets for all ministries for Holy Week and Easter will be available in the annex starting next weekend (March 29/30).

We want to take this opportunity to thank each of you for your ongoing support. Your dedication makes a huge difference, and we are grateful for all you do!

VIRTUAL LEARNING WITH THE DIOCESE OF HAMILTON The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. Interested in learning more about our programs? Have questions about the structure, course content and fees? Join us for a brief information session hosted by the VLCFF Coordination Team for the Diocese of Hamilton on **Wednesday, March 26, 2025 @ 7pm.** Registration: <https://bit.ly/VLCFFinfo>.

REEL JUSTICE FILM FESTIVAL Join us for our special youth screening of **Marcel the Shell with Shoes On, March 27th!** Marcel is an adorable, 1-inch-tall shell who ekes out a colorful existence with his grandmother, Connie, and their pet lint, Alan. Once part of a sprawling community of shells, they now live alone as the sole survivors of a mysterious tragedy. However, when a documentary filmmaker discovers them, the short film he posts online brings Marcel millions of passionate fans, as well as unprecedented dangers and a new hope of finding his long-lost family. Available to watch all day! Movie link will be sent straight to your inbox! Register and view our full schedule at: <https://hamiltondiocese.com/reel-justice-film-festival/>

Mass Intentions March 24--30		Diocesan Prayer Calendar
Monday	NO Mass	Most Rev. Matthew Ustrzycki
Tuesday: 6:30 pm	Sam Skogen—Jim & Diane Duffy	Annunciation of the Lord
Wednesday: 9:00 am	For the healing of Pope Francis	Lay Parish Ministers
Thursday: 9:00 am	Special Intentions	Rev. Jarek Pachocki
Friday: 5:30 pm Adoration 6:30 pm	Stations of the Cross-following Mass	Very Rev. Msgr. Murray Kroetsch
Saturday: 5:00 pm	Ben Tuin—Christiane Tuin	Rev. Luis Inacio
Sunday: 9:00 am 11:00 am	Our Parishioners	Fourth Sunday of Lent

Third Sunday of Lent - March 23, 2025

The Lord is kind and merciful and calls us to proclaim His Name. Consider service in the priesthood or consecrated life. If God is calling you, to be a priest, religious or deacon, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988.

Email vocations@hamiltondiocese.com

hamiltondiocese.com/vocations/